



School Nutrition Program

# **Wellness Committee Meeting**

Fueling Student Achievement Through  
Proper Nutrition

# Local Wellness Policy (LWP)

- **Welcome and Thank You**
- **USDA Required Updates to Existing Wellness Policies**
  - **Competitive Foods**
  - **Smart Snack Guidelines**
- **Current Status – Updated Policy Board Approved in January, 2016**
- **Wellness Coaches have been assigned at each school**

# Goals and Objectives of the Wellness Policy

## Create a Healthy School Environment

- Inform the community, leadership, and more
- Measure strengths and weaknesses
- Nutrition guidelines
- Nutrition education
- Physical activity
- Other school-based activities

# Smart Snacks in Schools

- **Contact Person – Ginger McCann in School Nutrition**
- **Vendors and Vending Machines**
  - **Any food sold to students must meet Smart Snack Guidelines**
  - **Keep an eye out for items that may not meet Smart Snack Guidelines**
  - **Contact School Nutrition with any questions about allowed products**

# Exempt Fundraisers and Approved Items

- Forms

- Found on School Nutrition Program Webpage

- <http://www.fcboe.org/domain/1218>

- Allow 10 business days for processing

- Exempt Fundraiser Tracking Form

- For Items that do not meet Smart Snack Guidelines
- 30 Exemptions per year, per school
- Can only be 3 days in length
- Need a separate form for each Fundraiser
- Must not be 30 minutes before or after serving times

- Request for Approval Form

- For Items that meet Smart Snack Guidelines
- Send form and Labels for approval
- Unlimited

# What's Next ?

- Schools to form a Wellness Committee and have a meeting to report what they are doing at their school to meet the Goals of the Local Wellness Policy (Meetings can be incorporated into ILT meetings)
- Evaluate Schools Using Online Evaluation Tool found at <http://www.schools.healthiergeneration.org>
  - Register and complete evaluation for your school
- Meet again in the Spring of 2017
- District-wide meeting to discuss evaluations of our schools
- What are our strengths and weaknesses?

# Children's Healthcare of Atlanta (CHOA)

- Introduction of CHOA Team Members
- What is CHOA and what are they doing in our schools?
- Support for School Administration
- Feedback from Wellness Committee and Wellness Coaches on what CHOA can do to support our schools and our Wellness Policy



# Questions ?

- Thank you for attending today
- We appreciate your time and value your input

## School Nutrition Team

