

# USDA Smart Snack Beverage Guidelines

CATEGORY	ELEMENTARY	MIDDLE	HIGH SCHOOL	NOTES
<b>WATER</b>	Plain, unflavored water including carbonation No portion size cap	Plain, unflavored water including carbonation No portion size cap	Plain, unflavored water including carbonation No portion size cap	All sizes of unflavored Dasani and smartwater are compliant
<b>JUICES</b>	ONLY 100% juice with no added sweeteners 8 fl oz portion cap	ONLY 100% juice with no added sweeteners 12 fl oz portion cap	ONLY 100% juice with no added sweeteners 12 fl oz portion cap	USDA removes previous ABA micronutrient requirements for juice
<b>DIET BEVERAGES</b>	Not compliant	Not compliant	Portion cap at 20 fl oz Less than 5 calories 8 fl oz 12 calorie max cap at 20 fl oz	This category includes zero and low calorie sparkling and still products including flavored water.
<b>MID-CALORIE BEVERAGES</b>	Not compliant	Not compliant	Portion cap at 12oz 40 calorie cap max at 8 fl oz 60 calorie cap max at 12 fl oz	This is for compliant products with calories outside of 100% juice

# Coca-Cola Beverages that meet USDA Guidelines

## Water



## Tea



## Fruit Drinks



## SPORTS DRINKS

### BODYARMOR

12oz



### POWERADE



## Sparkling Water



## Sparkling



## Enhanced Water



## Fruit Drinks

10.1oz



## Juices

10oz



Classified - Confidential